



The Economic Crisis:

How to stay UP when the economy is down

community resources that could help your family

- ◆ Subsidized Child Care
- ◆ Affordable Housing
- ◆ Utility Assistance
- ◆ Santa Clara County Social Services
- ◆ Free & Low Cost Health Insurance
- ◆ Other Health Resources
- ◆ Employment Resources
- ◆ Emergency Assistance
- ◆ Shelter & Transitional Housing
- ◆ Car Insurance & Budgeting Tips
- ◆ Legal Resources
- ◆ Workshops



WEST VALLEY COMMUNITY SERVICES
10104 Vista Dr., Cupertino, CA 95014
408-255-8033

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Subsidized CHILD CARE

Community Child Care Council of Santa Clara County, Inc.

2515 N. First St., San Jose, CA 95131

Administration (408) 487-0747, CEL Program (877) 235-0095

Resource & Referral Department (408) 487-0749

This is a free service that connects families to over 170 child care locations that receive funding from the California Department of Education to help low-to moderate-income families in their area. Families may qualify to receive subsidized child care at no cost or at a reduced rate if their total gross monthly income is at or below 75% of the State Median Income. The 4C Council operates a countywide list of income-eligible families that need child care financial assistance.

How to apply:

Step 1: contact the 4C Resource and Referral Department to be entered into the countywide Centralized Eligibility List (CEL).

Step 2: Wait to be contacted for enrollment by a child care program

Step 3: Update your application every three months by calling (877) 235-0095

Number of persons in family	1,2	3	4	5	6
Maximum monthly income level	\$3,518	\$3,769	\$4,188	\$4,858	\$5,528

Choices for Children

111 North Market St. #500, San Jose, CA 95113

408-297-3295

www.choices4children-santaclara.org

FREE CHILD CARE if you have received any cash aid assistance in the last 24 months, you may be eligible for free child care services.

Head Start

1290 Ridder Park Drive MC 225, San Jose, CA 95131-2304

(800) 820-8182

www.sccoe.k12.ca.us/depts/headstart/

Head Start program offers educational and comprehensive services in various locations throughout Santa Clara and San Benito Counties for children 3 to 4 years of age. The Head Start Program provides double session (half day) and full day preschool services. Parents, who are employed full time or enrolled full time in school or a training program, may be eligible for full day preschool services. Children will be accepted into the Head Start Program if they meet the 2008 Federal Head Start Income Eligibility Guidelines.

If you have any questions about qualifying, please call an Eligibility Specialist at (408) 453-6900.

Size of family unit	1	2	3	4	5	6	7	8
Poverty guideline	\$ 10,400	\$ 14,000	\$ 17,600	\$ 21,200	\$ 24,800	\$ 28,400	\$ 32,000	\$ 35,600



Affordable HOUSING

Affordable Rentals for Income Eligible Families

Housing search

Online Search for affordable housing in Santa Clara County and income guidelines:

<http://www.housingscc.org/>

Maximum Income by Household Size

Rent Definition	1 Person	2 Person	3 Person	4 Person	5 Person	6 Person
25% of Median	\$21,185	\$24,178	\$27,218	\$30,258	\$32,680	\$35,055
30% of Median	\$22,300	\$25,500	\$28,650	\$31,850	\$34,400	\$36,950
50% of Median/ HUD Very Low	\$37,150	\$42,450	\$47,750	\$53,050	\$57,300	\$61,550
60% of Median	\$44,580	\$50,940	\$57,300	\$63,660	\$68,760	\$73,860
HUD Low	\$59,400	\$67,900	\$76,400	\$84,900	\$91,650	\$98,450
80% of Median	\$59,100	\$69,500	\$75,950	\$84,400	\$91,150	\$97,900

Below Market Rate (BMR)

Cupertino:

- ◆ WEST VALLEY COMMUNITY SERVICES, www.wvcommunityservices.org
10104 Vista Drive, Cupertino, CA 95014, 408-255-8033
 - The City of Cupertino contracts with West Valley Community Services (WVCS, formally CCS) to screen and place qualified households in most of the city's BMR units. WVCS maintains a waiting list of interested persons for these BMR units.
 - Orientations for BMR are held the first and third Thu. each month at 6pm at WVCS office (10104 Vista Drive, Cupertino, CA 95014)
- ◆ Aviare Apartments and Forge-Homestead Apartments conduct their own screening and placement of eligible households in BMR units located in these two complexes
 - Aviare Apartments,
20415 Via Pavisio , Cupertino, CA 95014, (408) 257-4488
 - Forge-Homestead Apartments ,
20691 Forge Way, Cupertino, CA 95014 (408) 739-0830

San Jose:

- ◆ City of San Jose Housing Department: 408.277.4747, <http://www2.sjhousing.org/>

Sunnyvale:

- ◆ BMR Rental: Contact individual apartment to be on the wait list. For a complete list, check out the city website: <http://sunnyvale.ca.gov/Departments/Community+Development/Housing+Division/Affordable+Housing/Rental+Housing+Program.htm>



Affordable HOUSING (continued)

Other Housing Resources

Senior Housing Solutions (408) 287-7121	This agency provides matches for shared housing arrangements for seniors and other adults.
Catholic Charities—Shared Housing (408) 282-1144	This agency arranges for single parents to share a household.
Mid-Peninsula Housing Coalition (650) 299-8050	Non-profit developer providing decent and safe affordable housing. Check their website to see a list of the affordable housings and the open wait lists. http://www.midpen-housing.org/
Community Housing Developers (408) 279-7676	Non-profit organization providing housing for low and moderate income persons.
First Community Housing (408) 291-8650	Provides housing for low and moderate income persons. Check out their website to see a list of affordable housings and the open wait list. http://www.firsthousing.org/index.htm
Community Technology Alliance www.HelpSCC.org www.HousingSCC.org	www.HousingSCC.org is a searchable database of subsidized housing units in Santa Clara County. www.HelpSCC.org is a searchable resource directory of services (including housing search assistance) in Santa Clara County.
Santa Clara County Housing Authority (408) 275-8770	Rental assistance program (Section 8). http://www.hacsc.org/



UTILITY ASSISTANCE

PG & E CARE

CARE program provides a 20 percent discount on monthly bills for qualified low- or fixed-income households and housing facilities. Qualifications are based on the number of people living in your home and your total annual household income. For more information visit www.pge.com/care/

Water Assistance

Cal Water's Low-Income Assistance Program (LIRA) offers a monthly discount to qualified low-income customers in all California service areas. If you do participate in such a program, fill out Application #1, attach a copy of your recent electric utility bill that shows your name, address, and the rate tariff (PG&E: EL-1; Southern California Edison: D-CARE), and mail it to your local Cal Water Customer Center. If you do not participate in your electric utility's assistance program, you may still qualify for LIRA if you can prove that your household income meets the requirements shown in the table below. For more information visit www.calwater.com/your_account/lira.php

San Jose Water Assistance Program (WRAP)

The California Public Utilities Commission has authorized San Jose Water Company to implement a Water Rate Assistance Program (WRAP) intended to lessen the effects of water rates on low-income families. San Jose Water Company's WRAP provides a 15% discount on the total water bill for customers eligible for the program based upon the same income qualification guidelines that are used by PG&E's rate assistance CARE program. If you already participate in PG&E's CARE program, you will also qualify for San Jose Water Company's WRAP. For more information visit www.sjwater.com/customer/wrap_program.jsp

CARE Program Maximum Household Income (effective from June 1, 2008–May 31, 2009)

Maximum Household Income for LIRA (effective June 1, 2008)

WRAP Income Qualification Guidelines (effective June 1, 2008–May 31, 2009)

Number of persons in household	1 or 2	3	4	5	6	7+
Total combined annual income	\$30,500	\$35,800	\$43,200	\$50,600	\$58,000	Add \$7,400 for each additional household member



UTILITY ASSISTANCE (continued)

Emergency Cash Assistance Program

West Valley Community Services and various agencies offer an Emergency Cash Assistance Program for one-time emergency financial assistance to people with needs in the areas of housing, utility, health, and transportation. Case managers work closely with families and individuals to determine qualifications, needs and capability to stabilize. Cash assistance is not for ongoing support but to help those who face an unexpected financial setback. WVCS serves residents in the following zip codes: 95014, 95030, 95032, 95033, 95044, 95070, 95129, and 95130. For your local agency, contact 211.

HEAP (Home Energy Assistance Program)

The Low Income Home Energy Assistance Program (LIHEAP) provides assistance to low income people by providing assistance to them in paying their energy costs. The applicant, if eligible, does not need to have a past due balance but can not have a credit balance on their utility bill to receive assistance. Eligibility for assistance is based on the household income of all people residing in the residence.

If a household is determined to be eligible for a LIHEAP assistance payment, in most cases the payment will be sent directly to the utility company and it will be credited to the utility bill. In some cases, such as when the energy costs are included in the rent payment, a check may be mailed to the recipient.

Applications can be found online at http://www.caasm.org/9a-Santa_Clara_HEAP.htm
Or call 1-866-205-2388. Leave a message with your mailing address to request an application. To speak with a representative, call 1-408-920-3953.

Completed HEAP Applications for residents of Santa Clara County should be mailed to: Community Action at 673 East Brokaw Road, San Jose, CA 95112.

2008-2009 HEAP Income Eligibility Guidelines (Regular and Emergency HEAP)

Number of Persons in Household	1	2	3	4	5	6
Monthly Income	\$1963	\$2567	\$3172	\$3776	\$4380	\$4984



SANTA CLARA COUNTY SOCIAL SERVICES

Santa Clara County Social Services Agency—<http://www.sccgov.org/portal/site/debs>

Medi-Cal

Medi-Cal is California's Medicaid program. This is a public health insurance program which provides needed health care services for low-income individuals including families with children, seniors, persons with disabilities, foster care, pregnant women, and low income people with specific diseases such as tuberculosis, breast cancer or HIV/AIDS.

CalWORKS

CalWORKS is a welfare program that gives cash aid and services to eligible needy California families. If a family has little or no cash and needs housing, food, utilities, clothing or medical care, they may be eligible to receive immediate short-term help. Families that apply and qualify for ongoing assistance receive money each month to help pay for housing, food and other necessary expenses. If you are the parent or caretaker relative of an eligible child or eligible children, you may be eligible to receive cash assistance through the California Work Opportunity and Responsibility to Kids (CalWORKS) Program.

WIC (Women, Infants, and Children)

WIC is a federally-funded health and nutrition program for women, infants, and children. WIC helps families by providing checks for buying healthy supplemental foods from WIC-authorized vendors, nutrition education, and help finding healthcare and other community services. Participants must meet income guidelines and be pregnant women, new mothers, infants or children under age five.

*WIC Income Guidelines—185% Federal Poverty Level Effective
(Effective from July 1, 2008 to June 30, 2009)*

# of persons in family unit	1	2	3	4	5	6	7	8
Gross Income (Monthly)	\$1,604	\$2,159	\$2,714	\$3,269	\$3,824	\$4,379	\$4,934	\$5,489

Food Stamps

The Food Stamps Program helps single people and families with little or no income to buy food. In Santa Clara County, people authorized to receive Food Stamp benefits can buy food by using a plastic card at a grocery store or other authorized place. Most food stores accept the Food Stamp benefit card which is used much like a bank card—as good as cash to pay for food. Most legal noncitizens can get Food Stamp benefits. Even if you can't get Food Stamp benefits for yourself, family members born in this country can.

From October 1, 2008 through September 30, 2009, the monthly income limits are:

People in Household	1	2	3	4	5	6
Gross Monthly Income	\$1127	\$1517	\$1907	\$2297	\$2687	\$3077
Net Monthly Income	\$867	\$1167	\$1467	\$1767	\$2067	\$2367

Maximum Amount of Food Stamps That Eligible People May Receive

People in Household	1	2	3	4	5	6
Maximum Monthly Allotment	\$176	\$323	\$463	\$588	\$698	\$838



SANTA CLARA COUNTY SOCIAL SERVICES (continued)

Where to Apply

Local WIC agencies

Office Name	Address	Phone #
Sunnyvale WIC Office	660 South Fair Oaks Ave., Sunnyvale, CA 94086	(408) 773-9971
Community Services Agency	327 Moffett Blvd. Suite F, Mountain View, CA 94043	(408) 445-3400
Bascom WIC Office	2406 Clove Drive Building T41, San Jose, CA 95128	(408) 885-7550

Santa Clara County Social Services Agency—<http://www.sccgov.org/portal/site/debs>

Office Name	Address	Phone #	Apply for:
Assistance Application Center	1919 Senter Rd. San Jose, CA 95112	(408) 271-5500	<ul style="list-style-type: none"> • Health Coverage • Food Assistance • Financial Assistance
North County Office	100 Moffett Blvd. Mountain View, CA 94043	(650) 988-6100	<ul style="list-style-type: none"> • Health Coverage • Food Assistance • Financial Assistance
South County Office	379 Tomkins Court Gilroy, CA 95020	(408) 846-3900	<ul style="list-style-type: none"> • Health Coverage • Food Assistance • Financial Assistance
General Assistance Office (for single adults only)	1670 Las Plumas Ave. Suite A San Jose, CA 95133	(408) 928-3700	<ul style="list-style-type: none"> • General Assistance • Cash Assistance Program for Immigrants (CAPI)



Free and Low-cost HEALTH INSURANCE Including Full Medical Care, Dental Care, and Vision Care

For Children

Your child may qualify for one of the three health insurance programs in Santa Clara County if your income falls within the income guidelines.

- * Medi-Cal
- * Healthy Families
- * Healthy kids

Family Size	2	3	4	5
Monthly Income	\$3,207.50	\$4,022.50	\$4,837.50	\$5,652.50

*Your immigration status does not matter.

*You may still qualify if your income is higher. Deductions such as child care alimony, child support, etc. may be used to reduce your income.

*Three Insurance Programs available depending on your income and the age of the child.

Call today 408-255-8033 x151, x152 (Chinese), x154 (Spanish) to find out if you are eligible. Certified Application Assistants will help you complete an application and answer questions.

For Unemployed Adults

"Guide to health programs" is a easy-to-use guide that gives simplified descriptions of public and private programs that exist to increase access to health care services for low-income individuals in California.

For English

<http://www.chcf.org/documents/consumer/GuideToHealthPrograms2008English.pdf>

Para Español

<http://www.chcf.org/documents/consumer/GuideToHealthPrograms2008Spanish.pdf>

Counseling Services for Adults and Children

Contact County Mental Health at 1-800-704-0900 and the operator will refer you to a service provider based on your need and your location.



OTHER HEALTH RESOURCES

Medical Resources and Clinics for Low-income Families in Santa Clara County

Santa Clara Valley Medical Center

<http://www.sccgov.org/portal/site/vmc>

- public hospital owned and operated by the County of Santa Clara.
- 751 S. Bascom Avenue, San Jose, 95128 -- 408.885.5000

Valley Health Centers

- provide comprehensive primary care services including family practice, geriatrics, internal medicine, obstetrics and gynecology, pediatrics, radiology, pharmacy, health education, nutrition and social services.
- accept Medi-Cal, Healthy Families, private healthcare insurance plans.
- call Valley Connection at 1.888.334.1000 to make an appointment
- 8 locations:
 1. **Bascon:** 750 S. Bascom Avenue, San Jose,
 2. **Moorpark:** 2400 Moorpark Avenue, San Jose, 95128
 3. **Fair Oaks:** 660 S. Fair Oaks Avenue, Sunnyvale
 4. **Lenzen:** 976 Lenzen Avenue, #1800, San Jose, 95126
 5. **East Valley:** 1993 McKee Road, San Jose, CA 95116
 6. **San Martin:** 90 Highland Avenue, San Martin, CA 95046
 7. **Silver Creek:** 1620 East Capitol Expressway, San Jose, CA 95121
 8. **Chaboya:** 2410 Senter Road, San Jose, CA 95111

Santa Clara County Public Health Department Immunization Program

- free or low cost immunization, call 408-792-5200 for information

Columbia Neighborhood Center Clinic

785 Morse Avenue Sunnyvale, CA 94085-3010

call (408) 523-8150 in advance to confirm availability

- Free Immunizations: for Adults and children without insurance
12:30 p.m. – 3:00 p.m, Tuesday

Public Health clinics

Provides preventative health education, case management. Services include assessment, health education, epidemiological investigation, promoting access to care, public health nursing case management for selected cases, information and referral services, and consultation.

- **West Valley:** 577 Salmar Avenue, Cambell, CA 95008, (408) 874-5000
- **South San Jose:** 614 Tully Rd., San Jose, 95111, (408) 494-1500
- **North County:** 660 South Fair Oaks, Sunnyvale, 94086, (408) 992-4900

RotaCare Free Clinics, www.rotacarebayarea.org

Urgent medical care and pharmaceuticals are provided at no charge for very low-income individuals at nine clinics located throughout the Bay Area. At all sites acute treatment is given for a wide range of conditions, including basic illnesses, infections, rashes, sore throats, fevers, minor injuries and sprains. At some sites, management of chronic health conditions is provided, including asthma, diabetes, hypertension and seizures.

Gilroy Clinic

903 Arizon Circle, Gilroy, CA 95020



OTHER HEALTH RESOURCES (continued)

Medical Resources and Clinics for Low-income Families in Santa Clara County

El Camino Hospital

Services include: Minor illnesses/injuries, Chronic condition management, Health education, School physicals by appointment, Immunizations for children and adults, Referral services as needed, and Free medication.

- Location: 2400 Grant Road, Park Pavilion Building, Mountain View, CA 94040
- Email: mv_rotacare@elcaminohospital.org
- Days and hours.: Monday and Wednesday 5:30 p.m - 9:00 p.m.
- Call for appointment: 650-988-8200 (Call on Mon or Wed for same day appointment. Phone lines open at 2 pm Mon & Wed)
- Site Admin: Nidia Farruguia (650) 988-8200
- Medical Director: David Quincy, MD

San Jose Clinic

Services include: Minor illnesses/injuries, Chronic condition management, Gynecological, STD treatment, and Health education

- Location: 100 Oak Street, San Jose, CA 95110
(Clinic located on Edwards St behind the Washington School)
- Hours: Wednesday 5:30 p.m.- 8:30 p.m.
- Site Admin: Tammy Janosik (408) 715-3088
- Medical Director: Manuel Pantiga, MD

Pacific Free Clinic

<http://pacific.stanford.edu/aboutus.html>

Founded in 2003, Pacific Free Clinic is a Stanford student-run clinic providing free health care services for adults in the East San Jose area with low-income, no insurance, and/or low English proficiency. Open to all regardless of immigration status, the clinic offers on-site medical interpretation services in Spanish, Vietnamese, and Mandarin Chinese to help patients overcome cultural and language barriers to health care access.

- Location: Overfelt High School, 1835 Cunningham Ave., San Jose, CA 95122
(Enter the school parking lot at the "Overfelt Adult Education" entrance and follow the signs.)
- Hours: Sat. 10 am to 2 pm.
- Phone: (408) 705-0119 Patients may schedule appointments on Sat. on a drop-in basis or by phone up to two weeks in advance.

AACI's Primary Care Health Clinic

A fully-licensed community clinic, providing comprehensive primary and preventive health care and adopts a personal, attentive health care approach in its treatment of clients. Insurance plans accepted include Valley Health Plan, PPO, Selected HMO, MediCare, Medi-Cal, and Healthy Families/Healthy Kids insurance. Sliding scale fees are available for the uninsured and are based upon income. Services include: Sick visits, Annual physical check-ups, Women's healthcare/annual exam, Breast health screening, Blood cholesterol screening, Diabetic screening, Children's healthcare (all ages), Adult and youth immunization services, including flu shots, Health education and counseling

- Hours: M-F 8:30-Noon & Noon-5:30.
- For an appointment call: (408) 975-2763
- Contact: Ping Lee, RN, Nurse Manager (408) 975-2763



OTHER HEALTH RESOURCES (continued)

Medical Resources and Clinics for Low-income Families in Santa Clara County

School Health Clinics of Santa Clara County

<http://www.schoolhealthclinics.org/Default.htm>

Provides free, high quality health care with top notch medical staff. Services include: Urgent care, Treatment of illness and injuries, Physical exams, Monitoring and treatment of chronic diseases such as diabetes or asthma, Immunizations and tuberculosis skin tests, Dental screenings & referrals, Diagnostic lab tests, Prescriptions, Confidential reproductive services, Mental health support & referrals, Case management for medical & support services, Referrals to specialized health care providers, and On-site enrollment in affordable health insurance.

◆ **Locations:**

- **Gilroy Neighborhood Health Clinic**
7861 Murray Avenue, Gilroy, (408) 842-1017
- **Franklin-McKinley Neighborhood Health Clinic**
645 Wool Creek Drive, San Jose, (408) 283-6051
- **Overfelt Neighborhood Health Clinic**
1835 Cunningham Avenue, San Jose, (408) 347-5988
- **San Jose High Neighborhood Health Clinic**
1149 E. Julian Street, Bldg. H, San Jose, (408) 535-6001
- **Washington Neighborhood Health Clinic**
100 Oak Street, San Jose, (408) 295-0980
- **Yerba Buena High School Health Clinic**
1855 Lucretia Avenue, San Jose, (408) 347-4752

Gardner Family Health Network

<http://www.gardnerfamilyhealth.com>

A non-profit community health center network serving Santa Clara County at its five sites through comprehensive medical, dental, optometry, pharmacy, nutrition, health education, family planning and prenatal services.

1. **Alviso**
Provides comprehensive outpatient health care including pediatrics, optometric services, obstetrics, gynecology, family planning, alcohol counseling and dental care. Also provides pharmaceutical services.
 - (408) 935-3900, M-Thurs, 8:30am - 5:30pm
2. **Comprecare**
Provides comprehensive outpatient medical care for adults and children. OB/GYN services, optometric services and WIC.
 - 3030 Alum Rock Avenue, San Jose, (408)259-8400, M-Sat, 8:30am - 5:30pm
3. **St. James Health Center,**
Provides general outpatient medical, mental health counseling, nutrition education, obstetrics/gynecology, dental and optometric care. Also provides pharmaceutical services.
 - 55 East Julian Street, San Jose, (408) 918-2626, M-F, 8am - 6pm
4. **Gardner Health Center**
Provides health care maintenance for children and adults including medical, immunizations, CHDP exams, family planning, prenatal care, OB/GYN, CPSP, nutrition.
 - 195 E. Virginia Street, San Jose, CA 95112, (408) 918-5500, M-F, 8:30am - 5:30pm



EMPLOYMENT RESOURCES

California Employment Development Department

www.edd.ca.gov/one-stop/

California One-Stop Career Centers in Santa Clara county

- **CONNECT! One-Stop Campus**, www.connect.one-stop.org
420 S. Pastoria Avenue, Sunnyvale, 94086
(408) 774-2365
- **Campbell One-Stop**, www.work2future.biz/
2450 S. Bascom Ave., Campbell, 95008
(408) 369-3606
- **Next Step Center**, www.nextstepjobs.org
Free job training, placement and counseling, and ESL classes
795 Willow Road, Building 323A, Menlo Park, 94025
(650) 566-0240
- **San Jose One-Stop**, www.work2future.biz
1290 Parkmoor Ave., San Jose
(408) 277-2727
- **Proven People Senior Employment Office**, www.novaworks.org/job_seekers/proven_people.html
550 East Remington Dr., Sunnyvale, 94087
(408) 730-7368
- **PARTNER AFFILIATE CENTER**, www.svwin.org
Center for Training and Careers (CTC)
1600 Las Plumas Ave., San Jose, CA 95133
(408) 251-3165
- **NOVA Youth Employment Office**, <http://www.novaworks.org/>
505 W. Olive Avenue, Suite 330, Sunnyvale, CA 94086
408-730-7640
- **South County One Stop**, www.work2future.biz/
7800 Arroyo Circle, Suite A, Gilroy, 95020
(408) 846-1480
- **San Jose EDD/One-stop Center**
1776 Story Rd., San Jose,
(408) 928-1300



EMPLOYMENT RESOURCES (continued)

Job Search Support Group—Rotary Club of Cupertino

Tuesdays 5:30-7:30pm
Monta Vista High School Room A112
21840 McClellan Rd, Cupertino, CA 95014

Institute for Career Development Goodwill Industries

1080 N. Seventh St. San Jose, CA 95112 (408) 998-5774 Fax: (408) 283-0201
Free to eligible candidates, Job training school (postsecondary) with full counseling, job placement services, assessment, and job search preparation for people with disabilities and other special needs.

Mission College Career Transfer Center

3000 Mission College, Rm. E1-202 Santa Clara, CA 95054 (408) 855-5115
Includes Job Placement Center, Job postings, job fairs, internships, career counseling, interest testing, workshops on resumes, interviewing, job search, career library, videos, EUREKA. Free to Students and alumni.

NOVA Youth Employment Office North Valley Private Industry Council

505 W. Olive Ave. Ste. 550 Sunnyvale, CA 94086 (408) 730-7640
For youth aged 16-24 including Youth@Work, an on-line jobs database, workshops, a summer employment and training program, and an education for employment program tailored to youths without high school diplomas.

Project HIRED

1270 Franklin Mall Santa Clara, CA 95050 Voice/TDD: (408) 557-0880 Fax: (408) 557-0710
Helps people with disabilities find jobs. Resource and training center. Provides counseling, including outreach, job placement, education of employers, and advocacy. Free if eligible

San Jose State University Career Center

One Washington Square, Bldg. F San Jose, CA 95192 (408) 924-6031
Career Resources Lab with library, videotapes, Internet access, job search information, counseling, workshops, job postings, job fairs, internships, alumni network. Open to students, alumni from all CSU campuses. General public may purchase membership.

West Valley College Career Programs Center

14000 Fruitvale Ave., AAS 35 Saratoga, CA 95070 (408) 741-2098
Free Job Placement Center. Job postings, job fairs, internships, career counseling, interest testing, workshops on resumes, interviewing, job search.

YWCA

375 S. Third Street, San Jose, CA (408) 295-4011 Ext. 324
Free job search, resume assistance, career counseling, interviewing.

Center for Employment Training, <http://www.cetweb.org/index.php>

Free vocational trainings
701 Vine Street , San Jose, 95110 (408) 287-7924

Ascent Employment Program, www.jobsatascent.org

4900 Mitty Way, San Jose 95129 (Queen of Apostles Church) (408) 257-8302

San Jose Job Corps, <http://sanjose.jobcorps.gov/>

Free job training for low-income individuals ages 16-24 (408) 254-5627



EMERGENCY ASSISTANCE

211

211 connects people with important community services and volunteer opportunities. Every hour of every day, hundreds of people need essential human services - they are looking for training, employment, food pantries, help for an aging parent, addiction prevention programs for their teenage children, affordable housing options, support groups and ways of becoming part of their community. 2-1-1 allows people to give help and to get help. Simply call 211 or visit www.211.org for more information and to search for services near you.

Second Harvest

Second Harvest provides food for people in need in the community. Food Connection is a toll-free hotline that helps people in need of food find resources in their neighborhood. Multilingual staff members direct callers to local food assistance programs in Santa Clara and San Mateo Counties. People in need of food can call 1-800-984-FOOD (3663) for more information.

Safety Net: (EAN)

The Emergency Assistance Network (EAN) is a group of Community Based Organizations that provides a variety of services to prevent homelessness and act as a safety net for residents facing eviction, utility disconnection, and hunger. The EAN offers assistance to help families and individuals recover from emergency situations, often providing case management and financial education in conjunction with food assistance, rent and utility assistance and medical and transportation aid. For more information, contact West Valley Community Services at 408-255-8033 or online at www.wvcommunityservices.org.

Modest Need Foundation

220 Montgomery St., Suite 968, San Francisco, CA 94104

Modest Needs work to stop the cycle of poverty BEFORE it starts for the low-income workers whom conventional philanthropy has forgotten. This is done by empowering compassionate members of the general public to safely and securely help hard-working, low-income households to afford the kinds of short-term emergency expenses that we've all encountered before: the unexpected car repair, the unanticipated visit to the doctor, or the unusually large heating bill, for example. For more information, contact them at 415-956-9395 or online at www.modestneeds.org.



SHELTER & TRANSITIONAL HOUSING

Shelters at a Glance

1-800-7SHELTER	1-800-774-3583	San Jose
Alpha Omega Rotating Church Shelter	650 968-0836	Mountain View
Bill Wilson Center	408 243-0222	Santa Clara
Boccardo Reception Center	408 294-2100 x402	San Jose
City Team Rescue Mission	408 288-2153	San Jose
Clara-Mateo Shelter	650 853-7065	Menlo Park
Commercial Street Inn	408 453-3124	San Jose
Community Inns	408 271-5160	San Jose
WVCS Rotating Shelter	408 255-8033	Cupertino
Gilroy Winter Shelter	408 294-2100 x200	Gilroy
Hotel de Zinc	650 853-8697	Palo Alto
Julian Street Inn	408 271-0820	San Jose
Montgomery Street Inn	408 271-5160	San Jose
Our House Safe House	408 298-2721	San Jose
Salvation Army Hospitality House	408 282-1175	San Jose
San Jose Family Shelter	408 926-8885	San Jose
San Martin Family Living Center	408 686-1300	San Martin
Sobrato Family Living Center	408 855-8506	Santa Clara
Social Advocates for Youth (SAY)	650 961-2622	Mountain View
St. Joseph's Shelter for Men	408 283-8100	San Jose
Sunnyvale Winter Shelter	408 294-2100 x200	Sunnyvale

West Valley Community Services

Rotating Shelter Program works in collaboration with 11 churches and one synagogue to provide shelter, food, transportation, job search apparel and case management to homeless men. The shelter rotates from church to church on a monthly basis. Homeless men who are drug and alcohol free are invited to stay for a maximum of ninety days. The Rotating Shelter offers a safety net where guests can have a place to stay while they look for employment, permanent housing or build up a cash reserve.

Transitional Housing Program is a housing complex for working homeless men, and homeless women with children. This very-low-income housing serves successful graduates of the shelter program and other qualified candidates referred from other community agencies. Tenants receive budgeting assistance case management and assistance to secure permanent housing.

For more shelter and transitional housing programs visit
<http://www.phoenixdatacenter.org/shelter.lasso>



CAR INSURANCE & BUDGETING TIPS

California's Low Cost Automobile Insurance Program

The California Low Cost Automobile Insurance Program provides affordable liability only auto insurance that meets the state's financial responsibility laws. The program is administered by the California Automobile Assigned Risk Plan and policies are written by California Licensed Insurance Companies.

Income Eligibility

Household	1	2	3	4	5	6	7	8
Maximum Income	\$26,000	\$35,000	\$44,000	\$53,000	\$62,000	\$71,000	\$80,000	\$89,000

For more information call 1-866-602-8861.

Personal Budgeting Workshop

Are you wondering how you will make ends meet?

Are you living beyond your means?

Is your money controlling you, rather than you controlling your money?

Sign up today for a budget workshop!

When: Thursday, April 9th, 2009 at 6:00pm

Where: West Valley Community Services Community Room

Price: FREE!!!!

Join WVCS and Meriwest Credit Union's Greg Myers as he explains how to responsibly manage your money!

Please contact Vanessa Bare for registration or sign up at the front desk.

(408) 255-8033 x108

Let us help you maintain your monthly budget!



LEGAL RESOURCES

Project Sentinel

Project Sentinel is a non-profit agency providing services to help people resolve housing problems. The agency assists home seekers as well as housing providers through counseling, complaint investigation, mediation, conciliation and education. The services are funded by cities and counties in the greater Bay Area and Central Valley. All services are free and confidential. Find out more information online at www.housing.org.

◆ Sunnyvale Office

298 S. Sunnyvale Ave. Ste. 209, Sunnyvale, CA 94086
Phone (408) 720-9888 Toll Free (888) 331-3332
Fax (408) 720-0810
Email: mediate4us@projsen.org

◆ San Jose Fair Housing Consortium

111 W. St. John St. Ste. 315, San Jose, CA 95112
Phone (408) 287-HOME (287-4663)
Fax (650) 321-4173
Email: info@housing.org

◆ Palo Alto Office

430 Sherman Ave., Suite 308, Palo Alto, CA 94306
Toll Free (888) 324-7468 Phone (650) 321-6291
Fax (650) 321-4173
Email: info@housing.org

Legal Aid Society

The Legal Aid Society of Santa Clara County (LAS) is a non-profit corporation founded in 1960 to provide free, civil legal services for those low-income persons unable to obtain access to the judicial system through other avenues. LAS offers services in the following areas: Family Law, Fair Housing, Landlord/Tenant Rights, Special Education, Immigration and Naturalization, and Conflicts Project. Find out more information online at www.legalaidsociety.org.

- Location: W. Robert Morgan Legal Services Center
480 North First Street (at Empire Street), San Jose, California 95112
- Main Phone: (408) 998-5200
- Voice Mail: (408) 283-1535
- FAX: (408) 298-3782
- E-mail: info@legalaidsociety.org
- Family Law Information: (408) 283-1550
- Housing Project: (408) 283-1540
- Fair Housing Project: (408) 283-1535, ext. 237
- Immigration Project: (408) 283-1535, ext. 231
- Conflicts Program: (408) 283-3756



WORKSHOPS

All events are FREE.

Registration required. Please call 408.255.8033 to register.

The workshops are in English, translators available upon request.

Surviving the Economic Crisis:

Lots of community resources that could help your family

March 17, 2009 Tuesday

6.30pm to 7.30pm

Calabazas Library, San Jose

1230 Blaney Ave, San José, CA 95129

Identity Theft Workshop

April 1, 2009 Thursday

3pm to 4pm

West Valley Community Services

10104 Vista Drive, Cupertino, CA 95014

Surviving the Economic Crisis:

Lots of community resources that could help your family

April 2, 2009 Thursday

6.45pm to 8pm

West Valley Community Services

10104 Vista Drive, Cupertino, CA 95014

Personal Budgets Workshop

April 9, 2009 Thursday

6pm to 7.30pm

West Valley Community Services

10104 Vista Drive, Cupertino, CA 95014

Checking in the 21st Century

May 14, 2009 Thursday

6pm to 7.30pm

West Valley Community Services

10104 Vista Drive, Cupertino, CA 95014

Credit Myths and Repair

June 11, 2009 Thursday

6pm to 7.30pm

West Valley Community Services

10104 Vista Drive, Cupertino, CA 95014

